



P.O. Box 25010
Little Rock, AR 72221

Prescription Fulfillment

Prescription fulfillment refers to the number of hours for services implemented in relation to the amount of services authorized. This is also known as utilization of hours as approved.

IMPORTANCE OF PRESCRIPTION FULFILLMENT

- Helps assess member achievements and identify potential barriers to response to treatment.
- Allows for evaluation of outcomes based on dosage.
- Lack of prescription fulfillment (e.g., lower-intensity treatment, delays in commencing treatment, and interruptions in treatment) may result in regression or lack of treatment outcomes.

ABA TREATMENT HOUR CONSIDERATIONS

- Additional services the member accesses, including school-based interventions, occupational therapy, speech therapy, physical therapy, play-based therapies, etc., and how many hours the member can realistically attend and manage for ABA.
 - If there is a discrepancy between the hours requested and the member's availability for services, provide rationale and a coordination of services plan.
- Frequency, duration, and location of services recommended are consistent with the member's diagnoses, skill deficits, behavioral excesses, and treatment goals.
- The member's progress toward goals is commensurate with the level of care.
- Barriers to achieving the desired level of care and how these barriers can be addressed.
- ABA recommendations may differ from ABA requests.
 - ABA recommendations should refer to the treatment hours requested if no barriers are present.
 - ABA requests refers to the treatment hours that are able to be completed based on the member's needs and caregiver agreement, taking into account member and provider availability as well as other factors that may act as barriers to treatment.
 - If there is a difference between these two dosages, providers should document barriers to the member receiving full ABA-recommended hours.

*Please note, providers may submit an addendum to their approved authorization at any time if additional units or codes need to be requested.

ASSESSING FULFILLMENT

- Assessing fulfillment and/or barriers to fulfillment can be done on a monthly basis, and long-term fulfillment can be reviewed during the reassessment period.
- Potential barriers that prevent members from accessing services may include:
 - Socioeconomic factors
 - Transportation needs
 - Conflicting schedules
 - Lack of childcare
 - Absence of ABA knowledge



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References: Council of Autism Service Providers [CASP] (2024). Applied behavior analysis practice guidelines for the treatment of Autism Spectrum Disorder: Guidance for healthcare funders, regulatory bodies, service providers, and consumers [Clinical practice guidelines]. <https://www.casproviders.org/asd-guidelines>