

Low Birth Weight Assessment



Low Birth Weight

Live Births Weighing

Less Than 2,500 Grams

Babies weighing less than 2,500 grams at birth are considered low birth weight.

Measures percentage of live births that weighed less than 2,500 grams at birth during the measurement year.

A lower rate indicates better performance.

Very Low Birth Weight

Live Births Weighing

Less Than 1,500 Grams

Babies weighing less than 1,500 grams at birth are considered very low birth weight.

Measures percentage of live births that weighed less than 1,500 grams at birth during the measurement year.

A lower rate indicates better performance.

Goal

Keeping pregnant parent healthy to decrease infant mortality rate and improve birth weight outcomes.

Tips for Improved Rates:

- ▶ Identify and create care plan for members with underlying health/chronic conditions that could lead to preterm labor.
- ▶ Coordinate care with the member's primary care provider.
- ▶ Educate members on the importance of timely prenatal care, eating a healthy diet, and taking prenatal vitamins.
- ▶ Inform members of the risks of smoking, alcohol, and drug use.
- ▶ Emphasize importance of post-partum care.
- ▶ Educate members on preventive health screenings, family planning, and contraceptive options.
- ▶ Provide social determinants of health survey.
- ▶ Provide brochures or information on community-/federal-based programs such as the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), Pregnancy Medicaid, and free healthcare programs.

Exclusions: Exclude resident live births from both the denominator and numerator with a birth weight that is "Unknown or Not Stated."