



Long-Acting Medicines

What Are Long-Acting Medicines?

Long-acting medicines (LAMs) allow medicine to be released slowly over time. They replace the need to take pills each day, which can help reduce side effects. LAMs are a treatment option for people with schizophrenia because they give you control over your illness so you can have a better quality of life. You only need to take LAMs once a month. In some cases, you may need to take them less often.

What Are the Benefits of LAMs?

There are many benefits to LAMs, including the following:

- You may have fewer side effects than you would with pills.
- LAMs are better at reducing symptoms than pills.
- You get more consistent doses of medicine with LAMs.
- There is no need to remember to take a pill every day.

LAMs can also:

- Lower your chance of going to the hospital.
- Make it easier for you to stay on track with your medicines.
- Reduce psychosis episodes.

How Do I Get Started with LAMs?

- Let your doctor know you are interested in LAMs.
- Work with your doctor to create a treatment plan.
- Ask your doctor where to go for your LAMs.

Questions?



Arkansas Total Care wants to help you reach your best health. If you have questions about the above information, let us know. You can call us at 1-866-282-6280 (TTY: 711). We are happy to talk with you.