

Keeping Your Child Healthy with



Early and Periodic Screening,
Diagnosis and Treatment



Screenings & Tests for Children and Young Adults Ages 11-20

What to Expect

At EPSDT Screenings, your child's doctor will make sure that your child is healthy and developing well. If your child does have an illness, the doctor will address it before the problem gets worse.

Your child will get important immunizations against diseases like Mumps and Measles. The doctor will also check your child's hearing and vision, and check for problems with their teeth.

EPSDT Screening Schedule

From ages 11 to 20, children, teens and young adults should have an annual EPSDT visit. The doctor will be able to give you information about diet and exercise, as well as the changes your child will undergo in the teenage years. Your child's PCP can also talk with you and your teen or young adult about changing their primary care doctor to an adult PCP once they turn 21.

The first step is to make an appointment with your child's Primary Care Physician (PCP).

You can use the chart on the right as a reminder to set up appointments. If you need help finding a doctor or scheduling an EPSDT appointment, we want to help.

We can also arrange transportation to and from the appointments – **nothing should stand in the way of keeping your child well.**

EPSDT Screenings are free for Arkansas Total Care members.

Age	Recommended Immunizations	
11	Meningococcal 1 of 2	Annual Flu Shot
12	Annual Flu Shot	
13	Annual Flu Shot	
14	Annual Flu Shot	
15	Annual Flu Shot	
16	Meningococcal 2 of 2	Annual Flu Shot
17	Annual Flu Shot	
18	Annual Flu Shot	
19	Annual Flu Shot	
20	Annual Flu Shot	



Call 1-866-282-6280 (TTY: 711).

We can help you find a doctor in our network, answer questions about your child's visit, and give you resources to help your child as they grow.

What happens after the visit?

After the screening, your child's doctor will help you understand the results. If you do not understand something, feel free to ask questions. If your child needs to see a specialist, like an eye doctor, the PCP can refer you to one.

If you want more information after you meet with your doctor, our staff can answer questions and give you resources to help.

You can also visit our website for tips and resources to keep your child healthy.

Arkansas Total Care complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. All materials are available for written or oral translation, in your language or alternative formats at no cost by calling 1-866-282-6280 or TTY: 711.

Si usted, o alguien a quien está ayudando, tiene preguntas acerca de Arkansas Total Care tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un intérprete, llame al 1-866-282-6280 or TTY: 711.

Nếu quý vị, hay người mà quý vị đang giúp đỡ, có câu hỏi về Arkansas Total Care, quý vị sẽ có quyền được giúp và có thêm thông tin bằng ngôn ngữ của mình miễn phí. Để nói chuyện với một thông dịch viên, xin gọi 1-866-282-6280 or TTY: 711.