

# Major Depression Disorders & Screening Tips

# Depression screening and follow-up for adolescents and adults (DSF-E)

Members 12 years and older who were screened for clinical depression using a standardized instrument and, if screened positive, received follow-up care

#### Two rates are reported:

# Depression screening: Members with a documented result of a depression screening performed using an age-appropriate standardized instrument between January 1 and December 1 of the measurement period Follow-up on positive screen: Members who received follow-up care up to 30 days after the date of the positive screening

**Clinical recommendation:** The U.S. Preventive Services Task Force (USPSTF)<sup>1</sup> recommends screening for depression among adolescents 12–18 years and the general adult population, including pregnant and postpartum women. The USPSTF<sup>2</sup> also recommends that screening be implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.

CPT® Codes	HCPCS Codes
90791, 90792, 90832-90834, 90836-90839, 90846, 90849, 90853, 90870, 90887,	G2012, H0034, H0035, H2000, H2011- H2017, H2019, H2020, T1015-T1017, T2022
99201-99205, 99211-99215, 99217-99220, 99241-99245, 99341-99343, 99345, 99347-	
99350, 99381-99385, 99391-99395, 99401-99402	

Follow-up on positive screen on same day or 30 days after the first positive screen:

- · An outpatient, telephone, e-visit, or virtual check-in follow-up visit with a diagnosis of depression or other behavioral health condition;
- · A behavioral health encounter, including assessment, therapy, collaborative care, or medication management;
- $\cdot$  A dispensed antidepressant medication; OR
- Documentation of additional depression screening on a full-length instrument indicating either no depression or no symptoms that require follow-up (i.e., a negative screen) on the same day as a positive screen on a brief screening instrument. For example, if there is a positive screen resulting from a PHQ-2 score, documentation of a negative finding from a PHQ-9 performed on the same day qualifies as evidence of follow-up.

## For additional resources, contact our provider relations team at Providers@ArkansasTotalCare.com.

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<sup>1</sup> U.S. Preventive Services Task Force. 2016. "Screening for Depression in Children and Adolescents: U.S. Preventive Services Task Force Recommendation Statement." Annals of Internal Medicine 164:360-6.

<sup>2</sup> U.S. Preventive Services Task Force. 2016. "Screening for Major Depressive Disorder in Adults: US Preventive Services Task Force Recommendation Statement." Journal of the American Medical Association 315(4):380-7.



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#### Attention, billers:

Arkansas Total Care will be paying \$0.01 for the below HCPCS codes. This will allow billing of important codes without a denial of non-payable code. The following codes should be billed on all claims and encounters when applicable.

Codes to identify outpatient visits	
CPT® Codes	HCPCS Codes
59400, 59510, 59610, 59618, 90791, 90792, 90832, 90834, 90837, 92625, 96116, 96118,	G0101, G0402, G0438, G0439, G0444, G0502, G0503, G0504, G0505, G0507
96150, 96151, 97165, 97166, 97167, 99201, 99202, 99203, 99204, 99205, 99212, 99213,	
99214, 99215, 99384, 99385, 99386, 99387, 99394, 99395, 99396, 99397	

HCPCS codes to document depression screening	
Code	Description
G8431	Screening for depression is documented as being positive, and a follow-up plan is documented
G8510	Screening for depression is documented as negative, and a follow-up plan is not required

### Exclusions: ICD-10 codes to identify active diagnosis of depression

#### Codes

F01.51, F32.0, F32.1, F32.2, F32.3, F32.4, F32.5, F32.89, F32.9, F33.0, F33.1, F33.2, F33.40, F33.41, F33.42, F33.8, F33.9, F34.1, F34.81, F34.89, F43.21, F43.23, F53.0, F53.1, O90.6, O99.340, O99.341, O99.342, O99.343, O99.345

## Exclusions: ICD-10 codes to identify diagnosed bipolar disorder

#### Codes

F31.10, F31.11, F31.12, F31.13, F31.2, F31.30, F31.31, F31.32, F31.4, F31.5, F31.60, F31.61, F31.62, F31.63, F31.64, F31.70, F31.71, F31.72, F31.73, F31.74, F31.75, F31.76, F31.77, F31.78, F31.81, F31.89, F31.9

Exception: HCPCS code	
Code	Description
G8433	Screening for depression not completed; documented reason

NOTE: The information listed here is not all-inclusive and should be used as a reference only. Please refer to current ICD-10 coding and billing documentation guidelines at cms.gov.

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