

# Low Back Pain Visits



## Low Back Pain (LBP)

Members 18–50 years of age with a primary diagnosis of low back pain who did **not** have an imaging study (plain X-ray, MRI, CT scan) within 28 days of the diagnosis

- An imaging study with a diagnosis of **uncomplicated low back pain** on the index episode start date (IESD)<sup>1</sup> or in the 28 days following the IESD

This measure reports as an inverted rate. A higher score indicates appropriate treatment of low back pain (i.e. the proportion for whom imaging studies did not occur).

## Coding & Documentation

Low Back Pain Codes		
Description	ICD-10 Code(s)	CPT® Code(s)
Imaging Study		72020, 72052, 72100, 72110, 72114, 72120, 72131-72133, 72141, 72142, 72146-72149, 72156, 72158, 72200, 72202, 72220
Uncomplicated Low Back Pain	M47.26, M47.27, M47.28, M47.816, M47.817, M47.818, M47.896-M47.898, M48.06, M48.061, M48.062, M48.07, M48.08, M51.16, M51.17, M51.26, M51.27, M51.36, M51.37, M51.86, M51.87, M53.2X6, M53.2X7, M53.2X8, M53.3, M53.86-M53.88, M54.16-M54.18, M54.30-M54.32, M54.40-M54.42, M54.5, M54.89, M54.9, M99.03, M99.04, M99.23, M99.33, M99.43, M99.53, M99.63, M99.73, M99.83, M99.84, S33.100A, S33.100D, S33.100S, S33.110A, S33.110D, S33.110S, S33.120A, S33.120D, S33.120S, S33.130A, S33.130D, S33.130S, S33.140A, S33.140D, S33.140S, S33.5XXA, S33.6XXA, S33.8XXA, S33.9XXA, S39.002A, S39.002D, S39.002S, S39.012A, S39.012D, S39.012S, S39.092A, S39.092D, S39.092S, S39.82XA, S39.82XD, S39.82XS, S39.92XA, S39.92XD, S39.92XS	

Visit Type Codes for Uncomplicated Low Back Pain Principal Diagnosis		
Visits that result in an inpatient stay will <b>not</b> be included.		
Description	CPT Code(s)	HCPCS Code(s)
Outpatient Visit	99201-99205, 99211-99215, 99241-99245, 99341-99343, 99345, 99347-99350, 99381-99385, 99391-99395, 99401-99402	T1015
Observation Visit	99217, 99218, 99219, 99220	
ED Visit	99281, 99282, 99283, 99284, 99285	
Osteopathic or Chiropractic Manipulative Treatment	98925-98929, 98940-98942	
Physical Therapy	97110, 97161-97164	
E-Visit or Virtual Check-In (Online Assessments)		G2012, G2061-G2063

<sup>1</sup> The earliest date of service for an eligible encounter during the intake period with a principal diagnosis of low back pain. The intake period is used to identify the first eligible encounter with a primary diagnosis of low back pain. January 1–December 3 of the measurement year. (NCQA HEDIS MY 2020 & 2021 Volume 2 (epub)).

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Exclusion Codes		
Exclude any member who had a diagnosis for which imaging is clinically appropriate. Any of the following meet criteria:		
Description	Exclusions	
Cancer	Any cancer diagnosis uses ICD-10 codes. <ul style="list-style-type: none"> <li>• Malignant and other neoplasms</li> <li>• History of malignant neoplasms</li> </ul>	Cancer any time during the member's history through 28 days following the IESD
Recent Trauma	Any trauma diagnosis uses ICD-10 codes.	Trauma any time during the three months prior to the IESD through 28 days following the IESD
IV Drug Abuse	IV drug abuse any time during the 12 months (one year) prior to the IESD through 28 days following the IESD <b>ICD-10 Codes:</b> F11.10, F11.11, F11.120-F11.122, F11.129, F11.14, F11.150, F11.151, F11.159, F11.181, F11.182, F11.188, F11.19-F11.21, F11.220-F11.222, F11.229, F11.23, F11.24, F11.250, F11.251, F11.259, F11.281, F11.282, F11.288, F11.29, F13.10, F13.11, F13.120, F13.121, F13.129, F13.14, F13.150, F13.151, F13.159, F13.180-F13.182, F13.188, F13.19-F13.21, F13.220, F13.221, F13.229, F13.230-F13.232, F13.239, F13.24, F13.250, F13.251, F13.259, F13.26, F13.27, F13.280-F13.282, F13.288, F13.29, F14.10, F14.11, F14.120-F14.122, F14.129, F14.14, F14.150, F14.151, F14.159, F14.180-F14.182, F14.188, F14.19-F14.21, F14.220-F14.222, F14.229, F14.23, F14.24, F14.250, F14.251, F14.259, F14.280-F14.282, F14.288, F14.29, F15.10, F15.11, F15.120-F15.122, F15.129, F15.14, F15.150, F15.151, F15.159, F15.180-F15.182, F15.188, F15.19-F15.21, F15.220, F15.221, F15.222, F15.229, F15.23, F15.24, F15.250, F15.251, F15.259, F15.280-F15.282, F15.288, F15.29	
Neurologic Impairment	Neurologic impairment any time during the 12 months (one year) prior to the IESD through 28 days following the IESD <b>ICD-10 Code:</b> G83.4	
HIV	HIV any time during the member's history through 28 days following the IESD <b>ICD-10 Codes:</b> B20, Z21	
Spinal Infection	Spinal infection any time during the 12 months (one year) prior to the IESD through 28 days following the IESD <b>ICD-10 Codes:</b> A17.81, G06.1, M46.25-M46.28, M46.35-M46.38, M46.46-M46.48	
Major Organ Transplant	Neurologic impairment any time in the member's history through 28 days following the IESD <b>ICD-10 Code:</b> Z94.0 <b>CPT® Codes:</b> 32851-32854, 33940, 44137, 47135, 47141-47142, 47146-47147, 48160, 50360, 50365, 50380	

## Prolonged Use Corticosteroids

- Methylprednisolone
- Triamcinolone
- Dexamethasone
- Betamethasone
- Cortisone
- Prednisone
- Prednisolone
- Hydrocortisone